## **CONTENTS**

Preface	ix
Notes on the Text	xiii
Introduction	1
Chapter One Growing Up: Gendered Experiences in the Family	13
Chapter Two Growing Up: Gendered Experiences in	
School	43
Chapter Three Love and Marriage	69
Chapter Four Work	103
Chapter Five Ikigai	137
Conclusion	163
Appendices	
Appendix One Biographies of the Participants	185
Participants	191
Appendix Three Tables and Charts	193
Bibliography	199
Index	219