Contents

ACKNO	WLEDGMENTS	x
Introi	OUCTION About Fulling in Law and Along This B. I.	
	About Falling in Love and About This Book	xiii
Par	t One	
	CONSCIOUS ROMANTIC CHOICES	
	Increasing the Likelihood of Falling in Love	1
1	Proximity: The Hidden Matchmaker	3
2	Arousal: The Elixir of Love	13
3	Beauty and Character	27
4	Birds of a Feather or Opposites Attract?	47
5	Satisfying Needs and Reciprocating Love: We Love Those Who Love Us	61
6	The Course of Romantic Love: Falling in Love as a Process	71
7	On Men, Women, and Love: The Role of Status and Beauty	83
Par	t Two	
Ouv	UNCONSCIOUS CHOICES	
	How We Choose the Loves We Choose	105
8	Openness to Love	107
9	The Son Falls in Love with "Mother," The Daughter with "Father"	123
10	The Internal Romantic Image	137
11	Four Stories	161
Par.	l Three	
) we	ROMANTIC LOVE IN LONG-TERM	
	RELATIONSHIPS	177
12	Turning Love Problems into Opportunities for Growth	181

FALLING IN LOVE

13	Love and Work: The Relationship Between Their Unconscious Choices	199
Appendix 1: Romantic Choices Workshops		205
Appendix 2: Analyzing a Romantic Relationship		213
Appendix 3: Research Findings		215
Notes		221
References		245
ABOUT THE AUTHOR		265
Photo Permissions		266
INDEX	3	267