

CONTENTS

The Man in the Crowd xv

PART ONE: TOXINS IN THE PERMAFROST AND HEAT RISING ALL AROUND

Chapter One: The Afterlife of Pathogens 3

The Vitals of History 13

Chapter Two: An Old House and an Infrared Light 15

Chapter Three: An American Untouchable 21

An Invisible Program 33

PART TWO: THE ARBITRARY CONSTRUCTION OF HUMAN DIVISIONS

Chapter Four: A Long-Running Play and the Emergence
of Caste in America 39

Chapter Five: "The Container We Have Built for You" 54

Chapter Six: The Measure of Humanity 62

Chapter Seven: Through the Fog of Delhi to the Parallels
in India and America 73

Chapter Eight: The Nazis and the Acceleration of Caste 78

Chapter Nine: *The Evil of Silence* 89

Part Three: THE EIGHT PILLARS OF CASTE

- The Foundations of Caste: *The Origins of Our Discontents* 99
- Pillar Number One: Divine Will and the Laws of Nature 101
- Pillar Number Two: Heritability 105
- Pillar Number Three: Endogamy and the Control of
Marriage and Mating 109
- Pillar Number Four: Purity versus Pollution 115
- Pillar Number Five: Occupational Hierarchy:
The Jatis and the Mudsill 131
- Pillar Number Six: Dehumanization and Stigma 141
- Pillar Number Seven: Terror as Enforcement, Cruelty
as a Means of Control 151
- Pillar Number Eight: Inherent Superiority versus
Inherent Inferiority 159

Part Four: THE TENTACLES OF CASTE

- Brown Eyes versus Blue Eyes* 167
- Chapter Ten: Central Miscasting 171
- Chapter Eleven: Dominant Group Status Threat and the Precarity
of the Highest Rung 178
- Chapter Twelve: A Scapegoat to Bear the Sins of the World 190
- Chapter Thirteen: The Insecure Alpha and the Purpose
of an Underdog 202
- Chapter Fourteen: The Intrusion of Caste in Everyday Life 208
- Chapter Fifteen: The Urgent Necessity of a Bottom Rung 224
- Chapter Sixteen: Last Place Anxiety: Packed in a
Flooding Basement 238
- Chapter Seventeen: On the Early Front Lines of Caste 245
- Chapter Eighteen: Satchel Paige and the Illogic of Caste 257

Part Five: THE CONSEQUENCES OF CASTE

- Chapter Nineteen: *The Euphoria of Hate* 263
- Chapter Twenty: The Inevitable Narcissism of Caste 268
- Chapter Twenty-One: The German Girl with the Dark,
Wavy Hair 279
- Chapter Twenty-Two: The Stockholm Syndrome and the
Survival of the Subordinate Caste 282
- Chapter Twenty-Three: Shock Troops on the Borders
of Hierarchy 292
- Chapter Twenty-Four: Cortisol, Telomeres, and the
Lethality of Caste 302

Part Six: BACKLASH

- Chapter Twenty-Five: A Change in the Script 311
- Chapter Twenty-Six: Turning Point and the Resurgence
of Caste 322
- Chapter Twenty-Seven: The Symbols of Caste 333
- Chapter Twenty-Eight: Democracy on the Ballot 350
- Chapter Twenty-Nine: The Price We Pay for a
Caste System 353

Part Seven: AWAKENING

- Chapter Thirty: Shedding the Sacred Thread 361
- The Radicalization of the Dominant Caste* 365
- Chapter Thirty-One: The Heart Is the Last Frontier 370
- Epilogue: A World Without Caste 377
- Acknowledgments 389
- Notes 397
- Bibliography 443
- Index 455