

Contents

Acknowledgements	XI
List of Illustrations	XII
Notes on Contributors	XIV
Notes on the Translation and Transliteration	XXI
Chronology	XXII
Map	XXV

Introduction	1
<i>Angela Jianu and Violeta Barbu</i>	

PART 1

Flavours, Tastes and Culinary Exchange: Food and Drink in the Ottoman World

- 1 Should it be Olives or Butter? Consuming Fatty Titbits in the Early Modern Ottoman Empire 33
Suraiya Faruqi
- 2 *Simits* for the Sultan, Cloves for the Mynah Birds: Records of Food Distribution in the *Saray* 50
Hedda Reindl-Kiel
- 3 The Cuisine of Istanbul between East and West during the 19th Century 77
Özge Samancı
- 4 Turkish Flavours in the Transylvanian Cuisine (17th–19th Centuries) 99
Margareta Aslan
- 5 Exotic Brew? Coffee and Tea in 18th-Century Moldavia and Wallachia 127
Olivia Senciuc

PART 2

Ingredients, Kitchens and the Pleasures of the Table

- 6 Kitchen Gardens and Festive Meals in Transylvania
 (16th–17th Centuries) 149
 Kinga S. Tüdös
- 7 Food and Culinary Practices in 17th-Century Moldavia: Tastes,
 Techniques, Choices 170
 Maria Magdalena Székely
- 8 The “Emperor’s Pantry”: Food, Fasting and Feasting in Wallachia
 (17th–18th Centuries) 217
 Violeta Barbu

PART 3

Food and Cities: Supply, Mobility, Trade

- 9 Food Supply and Distribution in Early Modern Transylvania
 (1541–1640): The Case of Cluj 271
 Enikő Rűsz-Fogarasi
- 10 Spices and Exotic Foods in 17th-Century Transylvania: The Customs
 Accounts of Sibiu 295
 Mária Pakucs-Willcocks
- 11 The Food Trade in 18th-Century Wallachia between Daily Subsistence
 and Luxury 311
 Gheorghe Lazăr

PART 4

Cooking between Tradition and Innovation: Food Recipes Old and New

- 12 Two South-East European Manuscript Recipe Collections in their
 17th-Century Historical Context 341
 Castilia Manea-Grgin

- 13 **From Istanbul to Sarajevo via Belgrade—A Bulgarian Cookbook
of 1874** 376
Stefan Detchev

PART 5

Representations, Travellers' Tales, Myths

- 14 **"It is in Truth an Island": Impressions of Food and Hospitality in
19th-Century Transylvania** 405
Andrew Dalby
- 15 **"The Taste of Others": Travellers and Locals Share Food in the
Romanian Principalities (19th Century)** 426
Angela Jianu
- 16 **Voyages, Space, Words: Identity and Representations of Food in
19th-Century Macedonia** 459
Anna Matthaïou
- 17 **Jewish Tavern-Keepers and the Myth of the Poisoned Drinks: Legends
and Stereotypes in Romanian and Other East-European Cultures
(17th–19th Centuries)** 478
Andrei Oișteanu
- General Index** 513