

CONTENTS

<i>Tables and Charts</i>	<i>page</i> vii
<i>Preface</i>	ix
<i>Acknowledgments</i>	xi
Introduction: Media Causes and Media Effects	i
1. <i>Homo loquens</i> : Humanity in the Age of Speech	26
2. <i>Homo scriptor</i> : Humanity in the Age of Manuscripts	61
3. <i>Homo lector</i> : Humanity in the Age of Print	101
4. <i>Homo videns</i> : Humanity in the Age of Audiovisual Media	152
5. <i>Homo somnians</i> : Humanity in the Age of the Internet	202
Conclusion: The Media and Human Well-Being	251
<i>Notes</i>	277
<i>Index</i>	325