Contents

Foreword by Jody M. Huckaby xvii Preface xix Acknowledgments xxiii Introduction xxv
PART I Understanding Gay Youth: Society's Mirror
CHAPTER 1
The World of Gay Youth: From Exclusion to Inclusion
Dispelling Old Myths: Creating New Insights

Dispelling the Myths of Homosexuality	
Myth 1: Homosexuality Is Linked with Problems in a Child's	
Relationship with Parents, Such as a Domineering or	
Possessive Mother and an Ineffectual or Hostile Father 38	
Myth 2: Homosexuality Involves a Fear or Hatred of People of the	
Other Sex, Leading Individuals to Direct Their Sexual	
Desires toward Members of Their Own Sex	
Myth 3: Homosexuality Is a Choice	
Myth 4: Homosexuality Is Caused When Children Are Victimized,	
Seduced, Molested, or Sexually Assaulted by an Adult	
Homosexual. There Is No Biological Basis for Homosexuality 40	
Myth 5: Homosexuality Is a Mental Disorder	
Myth 6: Homosexual Men Are Pedophiles	
Myth 7: LGBT Parents Raise Their Children to Be Homosexual 44	
The Trend toward Acceptance	
Moving toward Gay-Straight Alliances (GSAs)	
The Battle over LGBT Teens	
A Safe Prom	
School Safety Policies	
GLSEN Pittsburgh: A Model for Safety	
Gender Neutral Housing in College Dorms	
A First Amendment Framework	
Agreed-Upon Guidelines: "Tips" for Educators	
Agreed-Upon Guidelines: "Tips" for Parents and Students 52	
A New Look at Gays in the Military	
The Media: The Power of Words and Imagery	
A Catalyst for Change	
Using Creativity to Expand Consciousness	
Religious and Political Influence	
LGBT Representations as Role Models 60	
U.S. Marine, Iraq War Hero, and Gay Activist: Sgt. Eric Alva 63	
CHAPTER 3	
Coming Out: Finding Freedom to Be	
The Times Are Changing	
Stereotypical Gender Slurs	
Danger at School	
Family Rejection and Homelessness	
Youths Speak on Coming Out	
Lois's Coming Out: Ever Since Childhood	

Steve's Coming Out: Loneliness and Fear
Interventions With LGBT Young People:
$Supporting\ a\ Healthy\ Outlook$
CHAPTER 4
Counseling Youth on LGBT Issues: Toward Self-Acceptance 89
Goals of Working with LGBT Youth 91
Goal 1
Goal 2
Goal 3
The Nature of Adolescence
Promoting Self-Empowerment93
Adolescent Developmental Tasks94
Additional Challenges Facing LGBT Youth
Are LGBT Young People at Greater Risk? 97
Signs of At-Risk Youth
Suicide Ideation in LGBT Youth
Risk Factors for LGBT Youth
Research Recommendations: Interventions in Schools for
LGBT Students
Working With LGBT Diverse Cultures
African Americans
Native Americans
Latino Americans
Asian Americans
Interventions for LGBT Youth
Incorporating Interventions Within Counseling Goals
Goal 1
Goal 2
Goal 3
Counseling Techniques
Conclusion

CHAPTER 5

The Nature of Self-Expression	35
77 * CT ODM 77 /1	37
Voices of LGBT Youth	37
Expression Through the Creative Arts: Promoting Well-Being 14	40
Journaling	40
LGBT Youth Questionnaire	40
Tanya's Questionnaire	41
Marie's Questionnaire	42
Levels of Participation Against Prejudice	43
Artwork	4 3
Music	14
Poetry 14	1 6
Expression Through Dress and Humor 14	49
City at Peace: Young People Supporting Each Other	
Support Groups for LGBT Teens: A Safe Place to Share	52
Self-Expression Through Advocacy	53
Marina's Speech: "My Family Is Different"	53
Marina's Activism for Equal Marriage Rights	55
CHAPTER 6	
The School Environment: Creating an Oasis of Safety	:7
Statistics on LGBT Youth Safety in Schools	"
- MEALISTICS OF LATER TOURS MARRY IN MEDICONS	
•	59
Research: Perceived Social Support of LGBT Students in School 16	59 30
Research: Perceived Social Support of LGBT Students in School 16 Reactivity in the School Community	59 30 31
Research: Perceived Social Support of LGBT Students in School	59 60 61 62
Research: Perceived Social Support of LGBT Students in School	59 50 51 52 52
Research: Perceived Social Support of LGBT Students in School	59 50 51 52 52 53
Research: Perceived Social Support of LGBT Students in School	59 60 61 62 62 63
Research: Perceived Social Support of LGBT Students in School	59 50 51 52 52 53 53
Research: Perceived Social Support of LGBT Students in School	59 50 51 52 52 53 53 53
Research: Perceived Social Support of LGBT Students in School	59 50 51 52 53 53 53 54 54
Research: Perceived Social Support of LGBT Students in School 16 Reactivity in the School Community 16 Catagories for Supporting LGBT Students 16 Increase Awareness and Sensitivity 16 Professional Training for Educators and School Personnel 16 Services 16 Curriculum Development 16 Schools as Safe Zones for LGBT Youth 16 School Policy for Eliminating Sexual Harassment 16 Helping Someone Come Out Safely 16	59 30 61 52 53 53 53 54 54 54
Research: Perceived Social Support of LGBT Students in School Reactivity in the School Community 16 Catagories for Supporting LGBT Students 16 Increase Awareness and Sensitivity 16 Professional Training for Educators and School Personnel 16 Services 16 Curriculum Development 16 Schools as Safe Zones for LGBT Youth 16 School Policy for Eliminating Sexual Harassment 16 Helping Someone Come Out Safely 16 The Legalities of Sexual Harassment 16	59 30 31 32 33 33 34 34 35 36
Research: Perceived Social Support of LGBT Students in School 16 Reactivity in the School Community 16 Catagories for Supporting LGBT Students 16 Increase Awareness and Sensitivity 16 Professional Training for Educators and School Personnel 16 Services 16 Curriculum Development 16 Schools as Safe Zones for LGBT Youth 16 School Policy for Eliminating Sexual Harassment 16 Helping Someone Come Out Safely 16 The Legalities of Sexual Harassment 16 Speaking About LGBT Issues in School 16	59 50 51 52 53 53 53 54 55 56 56 58
Research: Perceived Social Support of LGBT Students in School 16 Reactivity in the School Community 16 Catagories for Supporting LGBT Students 16 Increase Awareness and Sensitivity 16 Professional Training for Educators and School Personnel 16 Services 16 Curriculum Development 16 Schools as Safe Zones for LGBT Youth 16 School Policy for Eliminating Sexual Harassment 16 Helping Someone Come Out Safely 16 The Legalities of Sexual Harassment 16 Speaking About LGBT Issues in School 16 Core Inclusion Concepts for Educators 16	59 50 51 52 53 53 53 54 54 55 56 58
Research: Perceived Social Support of LGBT Students in School 16 Reactivity in the School Community 16 Catagories for Supporting LGBT Students 16 Increase Awareness and Sensitivity 16 Professional Training for Educators and School Personnel 16 Services 16 Curriculum Development 16 Schools as Safe Zones for LGBT Youth 16 School Policy for Eliminating Sexual Harassment 16 Helping Someone Come Out Safely 16 The Legalities of Sexual Harassment 16 Speaking About LGBT Issues in School 16 Core Inclusion Concepts for Educators 16 Inclusion Concepts for Early Childhood 16	59 30 31 32 33 33 34 34 35 36 36 37 37 38 38 39 39 39
Research: Perceived Social Support of LGBT Students in School 16 Reactivity in the School Community 16 Catagories for Supporting LGBT Students 16 Increase Awareness and Sensitivity 16 Professional Training for Educators and School Personnel 16 Services 16 Curriculum Development 16 Schools as Safe Zones for LGBT Youth 16 School Policy for Eliminating Sexual Harassment 16 Helping Someone Come Out Safely 16 The Legalities of Sexual Harassment 16 Speaking About LGBT Issues in School 16 Core Inclusion Concepts for Educators 16 Inclusion Concepts for Early Childhood 16 Inclusion Concepts for Middle School 16	59 50 51 52 53 53 53 54 55 56 56 57 59 59
Research: Perceived Social Support of LGBT Students in School 16 Reactivity in the School Community 16 Catagories for Supporting LGBT Students 16 Increase Awareness and Sensitivity 16 Professional Training for Educators and School Personnel 16 Services 16 Curriculum Development 16 Schools as Safe Zones for LGBT Youth 16 School Policy for Eliminating Sexual Harassment 16 Helping Someone Come Out Safely 16 The Legalities of Sexual Harassment 16 Speaking About LGBT Issues in School 16 Core Inclusion Concepts for Educators 16 Inclusion Concepts for Early Childhood 16	59 50 51 52 53 53 53 54 54 55 56 58 59 70
Research: Perceived Social Support of LGBT Students in School 16	59 30

Clubs and Alliances
Role Models
No Name-Calling Week
No Name-Calling Week: Creative Expression Contest
Ally Week
What Do We Think?
Survey Results
Exploring Feelings
Educator Questionnaire Regarding LGBT Students 188
What Can the School System Do to Advocate Civil Liberties for All
Students? 189
Conclusion
PART III
Possibilities for LGBT Participation in Daily Life:
Evolving Relationships and Communities
20010116 Recurrences and Communicates
CHAPTER 7
CHAPIER 7
Parenting LGBT Children: A Foundation for Love and Support 195
The Range of Parental Response
Stereotypical Parental Responses
Media Depiction of Parental Response
The Power of Positive Response
A Parent's Process
Open Acknowledgment: A Mother's Love
A Child Comes Out: A Dad's Story
I've Got Something to Tell You Disclosure as a Defining Moment 202
Awareness of Difference
Emotional Detachment
Emotional Detachment
The Loss of the Idealized Child and Future
The Loss of the Idealized Child and Future
The Loss of the Idealized Child and Future
The Loss of the Idealized Child and Future
The Loss of the Idealized Child and Future 204 Reorganizing the Parenting Structure 204 Adjustment and Education 205 Exploring Parental Feelings 206 LGBT Parent Questionnaire 206 Parent Support Groups 207
The Loss of the Idealized Child and Future 204 Reorganizing the Parenting Structure 204 Adjustment and Education 205 Exploring Parental Feelings 206 LGBT Parent Questionnaire 206 Parent Support Groups 207 Parents Can Create a Safe Environment 208
The Loss of the Idealized Child and Future 204 Reorganizing the Parenting Structure 204 Adjustment and Education 205 Exploring Parental Feelings 206 LGBT Parent Questionnaire 206 Parent Support Groups 207

"Coming In": LGBT Family Life	211
Life Choices	
Parents Speak Out: Straight Parenting of LGBT Youth	214
Sharing with Others	215
Parental Involvement: Joining In	
An Invitation	
Feeling Part of a Community	
Ways That Parents Can Become Involved	
Welcoming Travel for Families: Gay-Friendly Bed and Breakfasts	
Domestic or LGBT Partnership: A Long-Term Relationship	
Toward Marriage Equality	
Marriage and Civil Unions	
Creating Marriage Equality	
Parenting as an LGBT Couple	
Voices of LGBT Parents	
A Place to Live	
Considerations When Seeking a Home	
Legal Barriers	
Statements and Policies: Professional Organizations Regarding LGBT	
Couples and Effects of Civil Union, Marriage, and Partnership Laws	
on Children	228
Work Environment	
Changing Times in Corporate America	
Disney Says "Yes" to Gay Couples	
The Rights of Parents and Children	
How Can LGBT Parents Protect Their Family?	234
A Positive Perspective on LGBT Parenting	
Children Living in Two Worlds	236
A Cruise for LGBT Families	236
LGBT Parents and Children Among Easter Egg Roll—2006	238
Voices of Young People with LGBT Parents	239
Children Reaching Out	
Support Groups	241
The Internet	
Advocacy Groups for Children of LGBT Parents	242
Children Become Self-Advocates	243
Issues of Children with LGBT Parents	243
Conclusion	244
CHAPTER 9	
Community Counts: A Place for Friends and Family	245
PFLAG: A Model for LGBT Activism	
The History of PFLAG	248

Community Goals	
Goal 1: Support Groups for GLBTQ Families and Friends 248	
A PFLAG Mom	
A First PFLAG Meeting	
A Shining Light	
Goal 2: National Programs: Political Programs Fighting	
For Advocacy	
Educational Programs: Training, Information, Safety:	
A PFLAG Priority	
Scholarship Program	
Families of Color Network	
Civil Rights and Legal Protections	
Federal Legislation Monitoring and Advocacy Program:	
Bringing the Message Home	
Marriage	
PFLAG Parents Rally Against Federal Marriage Amendment 256	
Lobbying Congressmen	
Welcoming Faith Communities	
The 2006 Faith in Action Award	
A Progressive Judiciary: From Our House to the Court House 258	
Bringing Together Straight Advocates: Straight for Equality 259	
The Role of Big Business	
IBM	
AOL	
Inspiring Models of Organizational Support	
Achieving Success	
~	
CHAPTER 10	
Conclusion: A Last Look at a New Beginning 267	
Creating a Fresh Paradigm	
We Have a Choice	
Living Through Transition	
PART IV	
Creating Equality in Society: Resources and Supports	
A **	
CHAPTER 11	
Resources on I CRT Issues for Vouth and Adulta Calaboration	
Resources on LGBT Issues for Youth and Adults: Celebrating	
Diversity	
Books for Children	
On LGBT Issues	
On Prejudice	

On Stress	277
On Family Diversity	277
On Just Moms, Dads, and Babies	277
On Resiliency	278
On Affirmations and Meditations	278
On Empowerment	279
On Hope and Optimism	279
On Bullying	280
On Suicide	280
On AIDS	281
Books for Teens and Young People	282
On LGBT Issues	282
On Suicide	284
On AIDS	285
On LGBT Parents	285
On Educating About LGBT History	286
Resources for Caring Adults	286
On LGBT Issues	286
On Parenting LGBT Children	287
On Adolescence	288
On Anger and Stress Management	288
On Suicide	288
On AIDS	289
On Bullying	289
Curricula and Resources	290
On LGBT Issues in Schools 2	290
On Bullying	
On Suicide	291
Videos for Children and Young People	292
On LGBT Issues	292
On Family Diversity	293
On Bullying and Name-Calling	293
On Teen Depression	293
Videos for Adults	294
On Parenting LGBT Children	294
On African-American Acceptance of LGBT Youth	294
On Children with LGBT Parents	294
On Education and LGBT Issues	295
On Antibias 2	295
On LGBT Issues in the Media	295
Exhibits for Schools and Community Organizations	296
Current Magazines	297
Free Pamplets on LGBT Topics	

Human Rights Campaign Foundation
PFLAG
COLAGE
GLSEN
Family Pride Coalition
ranny Fride Coantion
CHAPTER 12
Lesbian, Gay, Bisexual, and Transgender Organizations:
Support for All
For Young People
For Community
For Families and Friends
For Educators
For Welcoming Religious and Spiritual Groups
For Bisexual Youth
For Transgender Youth
For Suicide Information
For AIDS Information 316
Hotlines
References
About the Author
Indox