## Contents

List of figures	<i>page</i> viii
List of tables	ix
Acknowledgements	X
Introduction	I
1 New foundations in the thirteenth century	22
2 New religious orders	47
3 Convents and religious orders	87
4 Nunneries and civic life	126
5 Movement into the city	169
6 Peaceful unions and "hostile takeovers"	201
Conclusion	235
Bibliography	240
Index	254