Table of Contents

Acknowledgements	ix
Preface	xi
Chapter One: Effective Leadership	1
Sterling J. Saddler, PhD, Janice L. Glasper, and	
Maureen P. Bezold, PhD, MPH	
Chapter Two: I REMEMBER MAMA SAID (The Black Male Leader,	
His Attitudes, Motivation, and Instruction)	33
Alphonso Simpson, Jr, PhD	
Chapter Three: A Call to Lead	45
Georges C. Benjamin, MD, ScD(hc)MACP, FACEP(E), FNAPA,	
Hon FRESPH, Hon FFFP	
Chapter Four: Footsteps of My Father	58
John R. Lumpkin, MD, MPH, FACEP, FACME, FAAN	
Chapter Five: A Darker Shade of Gray: Perpetual Validation of an	
African American University Administrator	76
Sherwood Thompson, EdD	
Chapter Six: Black Male Leadership: Preparing for the Hit in the Gut	94
Keith B. Wilson, PhD, MEd	



VIII | TABLE OF CONTENTS

Chapter Seven: How Did I Get Here?: Telling My Story	105
Adewale Troutman, MD, MPH	
Chapter Eight: Black Male Leadership	119
John C. Williams, DrPH, MBA	
Chapter Nine: Some Concluding Thoughts	140
Maureen P. Bezold, PhD, MPH and Sterling Saddler, PhD	
About the Editors	143

About the Contributors	145