

CONTENTS

Part One • Introduction

1. Introduction: Solidifying and Advancing Group Counseling 3
Robert K. Conyne

Part Two • Context

2. The Nature and Significance of Groups 19
Donelson R. Forsyth
3. Definition of Group Counseling 36
Donald E. Ward
4. The History of Group Counseling 52
George R. Leddick
5. Ethics, Best Practices, and Law in Group Counseling 61
Lynn S. Rapin
6. Diversity in Groups 83
Janice DeLucia-Waack
7. A Social Justice Approach to Group Counseling 102
Sally M. Hage, Mark Mason, and Jungeun Kim

Part Three • Key Change Processes

8. Therapeutic Factors in Group-Counseling: Asking New Questions 121
Dennis M. Kivlighan, Jr., Joseph R. Miles, and Jill D. Paquin
9. Cohesion in Counseling and Psychotherapy Groups 137
Cheri L. Marmarosh and Stacy M. Van Horn
10. Group Climate: Construct in Search of Clarity 164
Debra Theobald McClendon and Gary M. Burlingame
11. Group Development 182
Virginia Brabender

Part Four • Research

12. Evidence Bases for Group Practice 207
Sally H. Barlow
13. General Research Models 231
Rex Stockton and D. Keith Morran
14. Assessing Groups 245
Jonathan P. Schwartz, Michael Waldo, and Margaret Schwartz Moravec
15. Qualitative Research Approaches and Group Counseling 260
Deborah J. Rubel and Jane E. Atieno Okech

Part Five • Leadership

16. Personhood of the Leader 287
James P. Trotzer
17. Group Techniques 307
Mark D. Newmeyer
18. Group Leader Style and Functions 325
Sheri Bauman
19. Group Leadership Teaching and Training:
Methods and Issues 346
Nina W. Brown
20. Supervision of Group Counseling 370
Maria T. Riva
21. Creativity and Spontaneity in Groups 383
Samuel T. Gladding

Part Six • Applications

22. Groups across Settings 399
Cynthia R. Kalodner and Alexa E. Hanus
23. Group Counseling across the Life Span:
A Psychosocial Perspective 416
Jeanmarie Keim and David L. Olguin
24. Group Counseling with Sexual Minorities 436
Kathleen Y. Ritter
25. Prevention Groups 452
Michael Waldo, Jonathan P. Schwartz, Arthur Horne, and Laura Côté
26. International Group Counseling 469
*J. Jeffries McWhirter, Paula T. McWhirter, Benedict T. McWhirter,
and Ellen Hawley McWhirter*
27. Brief Group Treatment 487
Jerrold Lee Shapiro
28. Mutual Help Groups: What Are They and What Makes
Them Work? 511
Phyllis R. Silverman
29. Online Groups 520
Betsy J. Page
30. Groups for Trauma/Disaster 534
David W. Foy, Kent D. Drescher, and Patricia J. Watson

Part Seven • Conclusion and Future Directions

31. Group Counseling: 50 Basic Premises and the Need
for Mainstreaming 553
Robert K. Conyne

Index 563