
Contents

Preface	ix
PART I: ABOUT JACK	
1 Biographical Sketch and Personal Perspectives <i>Rex A. Wright, Jeff Greenberg, and Sharon S. Brehm</i>	3
2 Early Friendship Lasting <i>Peter Schönbach</i>	13
PART II: INFLUENCES	
3 Dissonance Theory: History and Progress <i>Joel Cooper</i>	19
4 From Cognitive Dissonance to the Motivational Functions of Emotions <i>Eddie Harmon-Jones</i>	39
5 Self-Awareness, Self-Motives, and Self-Motivation <i>Paul J. Silvia and Thomas Shelley Duval</i>	57

6	Willful Determinism: Exploring the Possibilities of Freedom	77
	<i>Sheldon Solomon, Tom Pyszczynski, and Jeff Greenberg</i>	
7	The Role of Distance in Valuing Another Person	97
	<i>Robert A. Wicklund</i>	
8	The Diamond in the Stone: Exploring the Place of Free Behavior in Studies of Human Rights and Culture	107
	<i>Stephen Worchel</i>	
9	Responses to Scarcity: A Commodity Theory Perspective on Reactance and Rumination	129
	<i>Timothy C. Brock and Philip J. Mazzocco</i>	
10	Risk and Reactance: Applying Social-Psychological Theory to the Study of Health Behavior	149
	<i>Frederick X. Gibbons, Meg Gerrard, and Elizabeth A. Pomery</i>	
11	From State to Trait and Back Again: Reactance Theory Goes Clinical	167
	<i>Varda Shoham, Sarah E. Trost, and Michael J. Rohrbaugh</i>	
12	Ability Perception Determinants of Effort-Related Cardiovascular Response: Mood, Optimism, and Performance Resources	187
	<i>Rex A. Wright and Jason Franklin</i>	
13	The Intensity of Motivation When the Self Is Involved: An Application of Brehm's Theory of Motivation to Effort-Related Cardiovascular Response	205
	<i>Guido H. E. Gendolla</i>	
14	The Self-Regulation of Goal Pursuit	225
	<i>Gabriele Oettingen, Caterina Bulgarella, Marlone Henderson, and Peter M. Gollwitzer</i>	

PART III: REFLECTIONS

15	Observations From Mount Oread	247
	<i>Jack W. Brehm</i>	

CONTENTS

vii

Jack Brehm's PhD Students

257

Author Index

259

Subject Index

269