

Contents

<i>List of Figures</i>	vii
<i>Notes on Contributors</i>	viii
Introducing Critical Bodies: Representations, Identities and Practices of Weight and Body Management <i>Pirkko Markula, Maree Burns and Sarah Riley</i>	1
Section I Representations and Constructions of Body Weight and Body Management <i>Sally Wiggins</i>	23
1 Deconstructing Un/Healthy Body-weight and Weight Management <i>Helen Malson</i>	27
2 'I Feel Ridiculous about Having Had It' – Critical Readings of Lived and Mediated Stories on Eating Disorders <i>Paula Saukko</i>	43
3 Learning to Be Healthy, Dying to Be Thin: The Representation of Weight via Body Perfection Codes in Schools <i>Emma Rich and John Evans</i>	60
Section II Constructing Embodied Identities <i>Hannah Frith</i>	77
4 Starving in Cyberspace: The Construction of Identity on 'Pro-eating-disorder' Websites <i>Katy Day and Tammy Keys</i>	81
5 Body Talk: Negotiating Body Image and Masculinity <i>Rosalind Gill</i>	101
6 Feminist Object Relations Theory and Eating 'Disorders' <i>Colleen Heenan</i>	117

Section III Meanings of Body Management Practices: Women's Experiences	135
<i>Pirkko Markula</i>	
7 Dis/Orders of Weight Control: Bulimic and/or 'Healthy Weight' Practices	139
<i>Maree Burns and Nicola Gavey</i>	
8 Sustaining Imbalance – Evidence of Neglect in the Pursuit of Nutritional Health	155
<i>Lucy Aphramor and Jacqui Gingras</i>	
9 Older and Younger Women's Experiences of Commercial Weight Loss	175
<i>Debra Gimlin</i>	
Conclusion	
Critical Bodies: Discourses of Health, Gender and Consumption	193
<i>Sarah Riley, Hannah Frith, Sally Wiggins, Pirkko Markula and Maree Burns</i>	
<i>Index</i>	204

List of Figures

Figure 8.1	'Size Matters' Leaflet (BDA, 2004)	161
------------	------------------------------------	-----