

Contents

Preface	<i>Page</i> v
1. The Shape of Things	1
Farm and Township: Pattern of Settlement	
2. The Early Settlement	12
3. Consolidation of Settlement	18
4. Scattald and Hagi	33
5. The Township and its Functioning	40
6. The End of Runrig	49
7. Outsets and Outbreks	55
8. Kelp	58
The Influence of Kelp Burning on Orkney Farms	58
The Kelp Making Process	64
9. Surveys and Surveyors	67
Papa Stour: A Case Study	71
10. Dykes and Enclosures	89
11. Plantiecrues, Cabbage and Kail	101
12. The Finishing Touches: Drainage and Liming	106
Homes and Working Places	
13. The Raw Resources	110
14. The Longhouse	113
15. Twentieth Century Survivals: Some Detailed Examples	116
16. Farms in General	131
17. Orkney Houses and Plenishings	136
18. The Building Trade	154
19. Living Density	157
20. Shetland Houses and Plenishings	160
21. Roofing Techniques: Shetland and Orkney	175
22. Sleeping Accommodation	191
23. The Hearth	195

Fuel for the Fire

24.	Cow-dung and Seaweed	206
25.	Peat and Turf in Orkney	210
26.	The Orkney–Edinburgh Peat Trade	214
27.	Peat Cutting in Orkney	217
28.	Peat in Shetland	223
	Harvesting the Peat	225
29.	The Peat Houses of Fetlar	233
30.	Peat Charcoal	237

Back Transport, Harness and Straw Working

31.	Horses and Ponies	240
	Shetland Ponies	240
	Horses in Orkney	242
	Horses in the Community	244
32.	Transport on Horseback	246

Baskets and Ropes

33.	Domestic Baskets	260
	Ropes and Rope Making	264
34.	Straw Plaiting and Straw-backed Orkney Chairs	270

The Land and its Produce

35.	Seaweed Manure	274
36.	Turf and Animal Manure	280
37.	The Delling Spade	285
38.	Plough Cultivation	290
	The Early Evidence	290
	The Documentary Evidence	292
	Terminology and Construction	304
	The South Ronaldsay Boys' Ploughing Match	311
	Clod Breaking, Harrowing and Rolling	314

Draught Animals and Transport

39.	Oxen	318
40.	Wagons, Sleds and Carts	322
	Carts	326

Cereal Crops

41.	Grain Types and Trade	332
42.	Plucking, and Shearing with the Sickle	337
43.	The Scythe and Harvesting Machinery	340
44.	Sheaves, Stooks and Stacks	348
45.	Threshing	358
	Threshing by Hand: Lashing	358
	The Flail	359
	Techniques of Flail Threshing	364
	Threshing Machinery	366
46.	Grain Storage and Winnowing	370
47.	Corn Drying and Corn Kilns	375
	Kiln Drying	376
	The Circular Kiln	380
48.	Grinding the Grain	388
	Querns and Hand-mills	388
	Malt, Burstin and Knockit Corn	393
	Water and Wind-mills	396

Root Crops and Gardening

49.	Turnips	412
50.	The Potato	416
51.	Gardening	421
52.	Hay and Grass	423

Cattle and Milk Products

53.	Cattle	428
	Cheese	438
	Butter	440
	Other Milk Products	442

Sheep and Textiles

54.	Native Sheep and New Breeds	446
	Sheep Handling in Recent Times: a Fetlar Example	448
	Wool and Wool Products	456
	North Ronaldsay Sheep	464
	The Lug Marks of North Ronaldsay Sheep	472
	Identification Marks on Animals	475
	Identification Marks on other Parts of the Body	483
	Terminology of Marks	484
55.	The Linen Trade in Orkney	491

Pigs, Rabbits and Geese

56.	Pigs	496
	Pigs in Fetlar	498
57.	Rabbits	506
58.	Geese	507

The Shore and the Sea

59.	Wild Fowl	510
60.	Seals and Otters	524
61.	Sillock, Piltock and Dogfish	527
	Craig Fishing	533
62.	Shellfish and Lobsters	541
63.	Whales and Whaling	545
64.	Fishing Boats from Norway	552
65.	Yoles and Sixerns: Construction and Terminology	563
66.	Haaf Fishing	571
67.	Handline Fishing, Tackle, Bait and Meiths	585
68.	Cod Fishing	595
69.	King Herring	603
70.	The Sea Language of Fishermen and the End of Norn	616
71.	Conclusion	623
	References	625
	Bibliography	661
	Index	677