

# Table of Contents

<b>Acknowledgement .....</b>	<b>v</b>
<i>List of Schemas .....</i>	<i>xi</i>
<b>Introduction.....</b>	<b>1</b>
<i>Book Outline.....</i>	<i>3</i>
<i>Notes on Research .....</i>	<i>5</i>
<b>1. Lusaka's Socio-Urban Context .....</b>	<b>13</b>
<i>Urban and Demographic Development.....</i>	<i>13</i>
<i>Social Structure of Compounds .....</i>	<i>19</i>
<i>Household and Livelihood in Compounds .....</i>	<i>22</i>
<b>2. Medical Culture in Lusaka .....</b>	<b>27</b>
<i>Medical Pluralism and "Therapy Shopping" .....</i>	<i>33</i>
<i>The Conceptualisation of Health and Illness .....</i>	<i>40</i>
<i>The Conceptualisation of Body .....</i>	<i>52</i>
<i>Illness Aetiology .....</i>	<i>64</i>
<i>Typology of Healing and Afflicting Spirits .....</i>	<i>68</i>
<b>3. The Figure of a Healer .....</b>	<b>73</b>
<i>Categories of Healers.....</i>	<i>73</i>
<i>The Characteristics and Role of Urban Healers.....</i>	<i>79</i>
<i>Biographies of Healers.....</i>	<i>83</i>
<i>The Relationship between Healers and Patients .....</i>	<i>95</i>
<b>4. Indigenous Spiritual Healing .....</b>	<b>99</b>
<i>Divination (Illness Diagnosis).....</i>	<i>100</i>
<i>Interpretations of Dreams .....</i>	<i>108</i>
<i>Healing (Therapy and Prophylaxis).....</i>	<i>114</i>
<b>5. Christian Spiritual Healing .....</b>	<b>129</b>
<i>The History of African Independent Churches in Zambia .....</i>	<i>131</i>
<i>Spiritual Healing in the Mutumwa Church (The Case Study of the New Jesus Disciples Church).....</i>	<i>137</i>
<i>Sermon-Prayer Service.....</i>	<i>142</i>

<i>Healing Service</i> .....	145
<i>Prophesying (Illness Diagnosis)</i> .....	149
<i>Healing (Therapy and Prophylaxis)</i> .....	152
<b>6. Spirit Possession</b> .....	<b>157</b>
<i>Anthropological Studies on Spirit Possession</i> .....	157
<i>Mashabe Possession</i> .....	159
<i>Holy Spirit Possession versus Demon Possession</i> .....	165
<i>Possession as a Social Construction of a Healers Identity</i> .....	167
<b>7. Witchcraft</b> .....	<b>173</b>
<i>Historical Context</i> .....	173
<i>Cosmological Context</i> .....	177
<i>Anthropological Studies on Witchcraft</i> .....	178
<i>Local Conceptualisation of Witchcraft in Lusaka</i> .....	189
<i>Symbolism of Witch Helpmates</i> .....	198
<i>Witchcraft as a Theory, System and Practice</i> .....	220
<b>Conclusion – Summary</b> .....	<b>239</b>
<b>Bibliography</b> .....	<b>249</b>
<b>Appendix I: Additional Illustrative Witchcraft Cases</b> .....	<b>271</b>
<i>Witchcraft case 5: Anna, Iris and Catherine</i> .....	271
<i>Witchcraft case 6: Rebecca and Hope</i> .....	274
<i>Witchcraft case 7: Irene</i> .....	276
<i>Witchcraft case 8: Alice</i> .....	279
<b>Appendix II: Witchcraft Act</b> .....	<b>283</b>
<b>Appendix III: Zambia Statistical Figures and Maps</b> .....	<b>289</b>
<i>Statistical Figures about Zambia (In the time of the research 2008–2009)</i> .....	289
<i>List of Coumpounds in Lusaka</i> .....	290
<i>Geographical Map of Zambia</i> .....	291
<i>Map of Lusaka</i> .....	292

<b>Appendix IV: Languages Spoken in Zambia</b> .....	<b>293</b>
<i>Language of Communication in Lusaka (in percentage)</i> .....	293
<i>ChiNyanja Language</i> .....	293
<i>Bemba Language</i> .....	294
<i>Language Map of Zambia</i> .....	295
<i>ChiNynanja (Bemba) – English Glossary</i> .....	296
 <b>Appendix V: Photos and Images</b> .....	 <b>299</b>