

# Contents

<b>Preface</b>	ix
<b>PART I A MODERN SOCIAL FORM</b>	
<b>Chapter 1</b>	3
Lifestyle and Social Structure	
<b>Chapter 2</b>	14
Consumer Culture	
<b>Chapter 3</b>	25
Lifestyle Uses	
<b>Part II THEORISING LIFESTYLES</b>	
<b>Introduction</b>	43
<b>Chapter 4</b>	46
Symbolic Exchange	
<b>Chapter 5</b>	56
Symbolic Capital	
<b>Chapter 6</b>	71
Symbolic Process	

**Part III LIFESTYLE SITES AND STRATEGIES****Introduction** 91**Chapter 7** 99  
Surfaces**Chapter 8** 112  
Selves**Chapter 9** 126  
Sensibilities**Part IV CONCLUSION****Chapter 10** 145  
The Aestheticisation of Everyday Life**Chapter 11** 158  
Postscript**Bibliography** 160**Name Index** 177**Subject Index** 183